

# ESFP

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Extraverted    Sensing    Feeling    Perceiving

## Work Related Strengths:

- Practical and realistic, with great common sense
- Enjoy active jobs, adapt well to change and variety
- Create a lively and fun atmosphere ~~at~~
- Good communicators in person and on the phone
- Inspire affection from ~~co~~workers and clients

## Work Related Weaknesses:

- May not plan ahead or anticipate implications of actions
- Tend to be impulsive and easily tempted or distracted
- May have difficulty ~~w~~orking alone even for brief periods of time
- May have difficulty disciplining self and others
- May have trouble reading between the lines and seeing underlying meanings

## CAREER SATISFACTION means doing work that:

1. Lets me learn from hands ~~on~~ experience, ~~where~~ I can look for solutions to problems from gathering all the facts at my disposal and by using common sense
2. Lets me get personally involved in the tasks at hand, working directly with clients or customers, out in the field rather than ~~away~~ from the action
3. Lets me work with lots of other people in an active and social environment, with variety, fun, and spontaneity
4. Requires skillful handling of people and conflicts, the ability to ease tensions to help groups work more cooperatively, and the ability to motivate others
5. Lets me juggle multiple projects or activities, especially those that utilize my aesthetic taste and sense of design
- 6.

## Popular Occupations for ESFPs

In listing occupations that are popular among ESFPs, it is important to note that there are successful people of all types in all occupations. However, the following are careers ESFPs may find particularly satisfying and some of the reasons why. This is by no means a comprehensive listing but is included to suggest possibilities you may not have previously considered. Although all of these occupations offer the potential for career satisfaction, the future demand for some careers is anticipated to be greater than for others.

### Education/Social Service

Teacher: early childhood and elementary

Child-care provider

Substance abuse counselor

Child welfare counselor

Educational software developer

Teacher: special education

Teacher: art, drama, music

Athletic coach

Home health social worker

Teacher: physically, visually impaired

ESFPs often find careers in education satisfying, especially working with young children. Elementary and pre-

Health care and social work provide ESFPs with

ESFPs do not generally enjoy the world of business, especially the corporate world. But those jobs that involve a high degree of interaction with others, and where there is a less structured schedule, can be enjoyable to ESFPs. They often enjoy real estate sales because they spend much of their time out of the office, working directly with a variety of people, showing all kinds of homes. They often enjoy public relations, fundraising, and mediation, where they are able to use their naturally persuasive nature. These careers let them use their interpersonal skills and their ability to gather information. ESFPs are drawn to retail careers, especially when they are able to use their eye for fashion and flair for the dramatic.

### Service

|   |                               |
|---|-------------------------------|
| Flight attendant  | Secretary/receptionist        |
| Waiter/waitress   | Host/hostess                  |
| Floral designer   | Landscape architect           |
| Chef and head cook  | Interior designer             |
| Recreational therapist  | Aerobics instructor           |
| Gamekeeper  | Landscape and grounds manager |
| Exhibit builder   | Eco-tourism specialist        |
| Professional photographer   | Merchandise displayer         |
| Silversmith   |                               |
| Police/corrections officer (specialty in remedial training, rehabilitation, counseling) |                               |

The service industry attracts ESFPs primarily because of the interpersonal contact and the use of acquired skills. ESFPs are often warm and friendly and have the ability to make people feel relaxed and at home. They enjoy the atmosphere present in many restaurants and clubs, social and generous hosts. Their presentment orientation makes them fun to be around, and it is said that the party often follows ESFP.

### Science

|                         |                        |
|-------------------------|------------------------|
| Environmental scientist | Social conservationist |
| Zoologist               | Marine biologist       |
| Geologist               |                        |

Science careers allow ESFPs to utilize detailed practical knowledge of the people and animals with which they work. They often enjoy hands-on work and are good at troubleshooting. They typically like jobs that allow them freedom to be active, where there is less structure, and where there are chances to interact with a variety of people. They report enjoying careers that allow them to serve/help/guide while leaving room for spontaneity.

Remember, these are only some areas that provide satisfying expression for the unique natural talents of the ESFP.